



NATIONAL EQUIPPED RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

KATHERINE CARGILL

**SUCCESSFULLY SET THE
-69 KG SUB JUNIOR SQUAT
RECORD OF**

190 KG

**IPF WORLD EQUIPPED OPEN POWERLIFTING CHAMPIONSHIPS
11/13/2023**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

