



NATIONAL EQUIPPED RECORD

**RECORD**

**CERTIFICATE**

THIS CERTIFIES THAT

**KATHERINE CARGILL**

SUCCESSFULLY SET THE  
-69 KG JUNIOR SQUAT  
RECORD OF

**190 KG**

IPF WORLD EQUIPPED OPEN POWERLIFTING CHAMPIONSHIPS  
11/13/2023

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

