



**NATIONAL EQUIPPED RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**KATHERINE CARGILL**

**SUCCESSFULLY SET THE  
-69 KG JUNIOR SQUAT  
RECORD OF**

**190 KG**

**IPF WORLD EQUIPPED OPEN POWERLIFTING CHAMPIONSHIPS  
11/13/2023**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

