



**ILLINOIS RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**

**JOHN MCCORD**

**SUCCESSFULLY SET THE  
-105 KG MASTER 3 BENCH PRESS  
RECORD OF**

**130 KG**

**THE POWER EXPRESS  
12/09/2023**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

