



ARIZONA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**MATTHEW TWIST**  
SUCCESSFULLY SET THE  
-74 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF  
**125 KG**

GCU INVITATIONAL  
12/09/2023

A stylized signature of Robert Keller in a dark blue, cursive font.

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

A stylized signature of Bill Helmich in a dark blue, cursive font.

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

