



ARIZONA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**MATTHEW TWIST**  
SUCCESSFULLY SET THE  
-74 KG SUB JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF  
**125 KG**

GCU INVITATIONAL  
12/09/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA