

**FLORIDA RAW** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT

**NELSON LUGO JR** 

SUCCESSFULLY SET THE 120+ KG MASTER 4 BENCH PRESS SINGLE LIFT RECORD OF

105 KG

32ND ANNUAL FLORIDA SENIOR (MASTERS AGE 50+) GAMES CHAMPIONSHIP 12/09/2023



Robert Keller Bill Helmich

ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

BILL HELMICH VP. POWERLIFTING AMERICA