



**FLORIDA RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**DARREN NEMOW**

**SUCCESSFULLY SET THE  
-105 KG MASTER 1 SQUAT  
RECORD OF**

**215 KG**

**32ND ANNUAL FLORIDA SENIOR (MASTERS AGE 50+) GAMES CHAMPIONSHIPS  
12/09/2023**



*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA