



GEORGIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
JAMES TOWNSEND
SUCCESSFULLY SET THE
-105 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
182.5 KG

BENCH PRESS NATIONALS
01/27/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA