



NEW YORK RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

MAILLARD HOWELL

**SUCCESSFULLY SET THE
-74 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF**

137.5 KG

**BENCH PRESS NATIONALS
01/27/2024**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

