



NORTH CAROLINA RAW

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
NATALIE RICHARDS**

**SUCCESSFULLY SET THE
-57 KG OPEN SQUAT
RECORD OF
186.5 KG**

**SHEFFIELD 2024
02/10/2024**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA