



IOWA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**LILY NGUYEN**

SUCCESSFULLY SET THE  
-57 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF

**75 KG**

POWER OF LOVE  
02/10/2024

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

