



VIRGINIA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**SHARI LANGRALL**  
SUCCESSFULLY SET THE  
-84 KG MASTER 2 SQUAT  
RECORD OF  
**122.5 KG**

2ND ANNUAL BRICK CITY OPEN  
03/09/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA