



MINNESOTA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

ARZAD AFZAAL

SUCCESSFULLY SET THE
-74 KG SUB JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF
105 KG

TEST YOUR LUCK
03/09/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA