



**MINNESOTA RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**ARZAD AFZAAL**

**SUCCESSFULLY SET THE  
-74 KG SUB JUNIOR SQUAT  
RECORD OF**

**210 KG**

**TEST YOUR LUCK  
03/09/2024**



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA