



MARYLAND RAW

# RECORD

CERTIFICATE

THIS CERTIFIES THAT

**GABRIEL PONGCHIT**

SUCCESSFULLY SET THE  
-83 KG JUNIOR SQUAT  
RECORD OF

**232.5 KG**

UNIVERSITY NATIONALS  
03/17/2024

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

