



**NEW YORK RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**SAJID MAHMOOD**

**SUCCESSFULLY SET THE  
-74 KG MASTER 1 SQUAT  
RECORD OF**

**182.5 KG**

**NEW YORK STATE CHAMPIONSHIP  
04/20/2024**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

