



**NATIONAL RAW RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**CATHY AVERY**

**SUCCESSFULLY SET THE  
-69 KG MASTER 2 BENCH PRESS SINGLE LIFT  
RECORD OF**

**83 KG**

**CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS  
05/17/2024**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

