

**NATIONAL RAW RECORD** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT

JOHN LAFLAMME

SUCCESSFULLY SET THE -74 KG MASTER 4 DEADLIFT RECORD OF

200.5 KG

**CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS** 05/17/2024



Robert Keller Bill Helmich

ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

BILL HELMICH VP. POWERLIFTING AMERICA