



VIRGINIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

SHARI LANGRALL

**SUCCESSFULLY SET THE
-84 KG MASTER 2 BENCH PRESS
RECORD OF**

77.5 KG

**CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS
05/17/2024**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA