



IOWA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**LILY NGUYEN**

SUCCESSFULLY SET THE  
-57 KG OPEN SQUAT  
RECORD OF

**142.5 KG**

CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS  
05/17/2024

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

