



FLORIDA RAW

# RECORD

CERTIFICATE

THIS CERTIFIES THAT

**JOHN LAFLAMME**

SUCCESSFULLY SET THE  
-74 KG MASTER 2 SQUAT  
RECORD OF

**168 KG**

CLASSIC AGE DIVISION NATIONAL CHAMPIONSHIPS  
05/17/2024

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

