



MISSISSIPPI EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**PATRICIA SOUTHERLAND**  
SUCCESSFULLY SET THE  
-63 KG OPEN BENCH PRESS  
RECORD OF  
**145 KG**

EQUIPPED NATIONAL CHAMPIONSHIPS  
05/19/2024

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

