



MISSISSIPPI EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
PATRICIA SOUTHERLAND
SUCCESSFULLY SET THE
-63 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
145 KG

EQUIPPED NATIONAL CHAMPIONSHIPS
05/19/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA