

**NORTH CAROLINA EQUIPPED** 

## RECORD CERTIFICATE

THIS CERTIFIES THAT MATTHEW ARNOLD

SUCCESSFULLY SET THE -74 KG OPEN BENCH PRESS SINGLE LIFT RECORD OF

172.5 KG

**EQUIPPED NATIONAL CHAMPIONSHIPS** 05/19/2024

Robert Keller Bill Helmich

ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

BILL HELMICH VP. POWERLIFTING AMERICA