



**FLORIDA RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**  
**EDWARD RULAND**

**SUCCESSFULLY SET THE**  
**-93 KG MASTER 2 BENCH PRESS SINGLE LIFT**  
**RECORD OF**  
**187.5 KG**

**2024 IPF WORLD AGE DIVISION BENCH PRESS CHAMPIONSHIPS**  
**05/22/2024**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

