



LOUISIANA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**LILA COOPER**  
SUCCESSFULLY SET THE  
-57 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF  
**92.5 KG**

2024 IPF WORLD AGE DIVISION BENCH PRESS CHAMPIONSHIPS  
05/22/2024

A stylized signature of Robert Keller in a dark blue, cursive font.

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

A stylized signature of Bill Helmich in a dark blue, cursive font.

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

