



TEXAS RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT

**DENNIS ALBA**

SUCCESSFULLY SET THE  
-83 KG MASTER 3 BENCH PRESS SINGLE LIFT  
RECORD OF

**160 KG**

2024 IPF WORLD AGE DIVISION BENCH PRESS CHAMPIONSHIPS  
05/22/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA



*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

