



OHIO RAW

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
MITCHEL STRAIN**

**SUCCESSFULLY SET THE
-83 KG MASTER 3 BENCH PRESS SINGLE LIFT
RECORD OF**

112.5 KG

**COLUMBUS CLASSIC
06/29/2024**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

