



**NEW YORK RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**ALEX SYDOR**

**SUCCESSFULLY SET THE  
-83 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF**

**170 KG**

**21ST ANNUAL NAPF NORTH AMERICAN REGIONAL POWERLIFTING CHAMPIONS  
08/05/2024**



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA