



LOUISIANA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
JOHN SYLVERA
SUCCESSFULLY SET THE
-59 KG SUB JUNIOR DEADLIFT
RECORD OF
230 KG

2024 WORLD JUNIORS AND SUB-JUNIORS CHAMPIONSHIPS (USA)
08/28/2024

A stylized signature of Robert Keller in a dark blue, cursive font.

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

A stylized signature of Bill Helmich in a dark blue, cursive font.

BILL HELMICH
VP, POWERLIFTING AMERICA

