



LOUISIANA EQUIPPED  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**LILA COOPER**  
SUCCESSFULLY SET THE  
-57 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF  
**97.5 KG**

2024 WORLD JUNIORS AND SUB-JUNIORS CHAMPIONSHIPS (USA)  
08/28/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA