



VIRGINIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

RICO TERRELL

**SUCCESSFULLY SET THE
-93 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
182.5 KG**

**CAROLINA CLASSIC
09/28/2024**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA