



**NORTH CAROLINA RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**MIKAL SHOOK**

**SUCCESSFULLY SET THE  
-120 KG JUNIOR TOTAL  
RECORD OF**

**662.5 KG**

**CAROLINA CARNAGE  
10/12/2024**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

