



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
DARREN NEMOW
SUCCESSFULLY SET THE
-105 KG MASTER 1 SQUAT
RECORD OF
232.5 KG

3RD ANNUAL FT MYERS OPEN NY SPORTS CLUB CHAMPIONSHIP
10/26/2024



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA