

**FLORIDA RAW** 

## RECORD **CERTIFICATE**

THIS CERTIFIES THAT **JOHN LAFLAMME** 

SUCCESSFULLY SET THE -74 KG MASTER 2 TOTAL RECORD OF

450 KG

**1ST ANNUAL SENKAI SHOWDOWN** 11/09/2024



ROBERT KELLER PRESIDENT, POWERLIFTING AMERICA

Robert Keller Bill Helmich

BILL HELMICH

VP. POWERLIFTING AMERICA