



OHIO RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**LAUREN RUTAN**  
SUCCESSFULLY SET THE  
-69 KG MASTER 1 SQUAT  
RECORD OF  
**162.5 KG**

BLIZZARD BUSTER  
12/14/2024



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA