



MARYLAND RAW

# RECORD

CERTIFICATE

THIS CERTIFIES THAT

**PATRICK CARY**

SUCCESSFULLY SET THE  
-74 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF

**145 KG**

MARYLAND HOLIDAY CLASSIC  
12/14/2024

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

