



IOWA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**CALVIN MANIVONG**  
SUCCESSFULLY SET THE  
-74 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF  
**175 KG**

THE MINNESOTA MEET  
12/14/2024

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

