



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

SAMUEL HELMS

**SUCCESSFULLY SET THE
120+ KG MASTER 2 SQUAT
RECORD OF**

200 KG

**33RD ANNUAL FLORIDA SENIOR GAMES CHAMPIONSHIP
12/07/2024**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

