



VIRGINIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
NABIL LAHLOU
SUCCESSFULLY SET THE
-83 KG OPEN SQUAT
RECORD OF
265 KG

CITY OF SYRUP SHOWDOWN
01/25/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA