



IOWA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
TATE VAN ESSEN
SUCCESSFULLY SET THE
-83 KG SUB JUNIOR SQUAT
RECORD OF
180 KG

LIFTING IN A WINTER WONDERLAND
01/11/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA