



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
ASHTON ROUSKA
SUCCESSFULLY SET THE
-105 KG OPEN SQUAT
RECORD OF
375 KG

SHEFFIELD 2025
01/26/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA