



WASHINGTON RAW

# RECORD

CERTIFICATE

THIS CERTIFIES THAT

**ADAN BAIRES**

SUCCESSFULLY SET THE  
-120 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF

**145 KG**

IRON THROWDOWN  
02/01/2025

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

