



OREGON RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**LUCY MCAVOY**  
SUCCESSFULLY SET THE  
84+ KG OPEN TOTAL  
RECORD OF  
**492.5 KG**

IRON THROWDOWN  
02/01/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA