



OREGON RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CHRISTOPHER PTACEK

SUCCESSFULLY SET THE
120+ KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
190 KG

IRON THROWDOWN
02/01/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA