



OREGON RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**CHRISTOPHER PTACEK**  
SUCCESSFULLY SET THE  
120+ KG MASTER 1 BENCH PRESS  
RECORD OF  
**190 KG**

IRON THROWDOWN  
02/01/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA