



MINNESOTA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CHRISTY BIRCH

SUCCESSFULLY SET THE
-63 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
100 KG

BENCH PRESS NATIONALS
02/14/2025



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA