



MARYLAND RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**MELISSA COPELAND**  
SUCCESSFULLY SET THE  
84+ KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF  
**140 KG**

BENCH PRESS NATIONALS  
02/14/2025



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA