



**NATIONAL RAW RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT  
EXISTING RECORD**

**SUCCESSFULLY SET THE  
-74 KG MASTER 1 SQUAT  
RECORD OF**

**220 KG**

**NMR  
01/01/2022**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
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