



NATIONAL RAW RECORD

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
EXISTING RECORD**

**SUCCESSFULLY SET THE
-74 KG MASTER 3 BENCH PRESS SINGLE LIFT
RECORD OF**

148.5 KG

**NMR
01/01/2022**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

